



Ambarvale High School

PDHPE Scope and Sequence

Stage 6 – 2024

Year 11 PDHPE

Week											
	1	2	3	4	5	6	7	8	9	10	
Term											
1	Core 2: The Body in Motion Outcomes P7, P8, P9, P10, P11, P16, P17										
2	Core 1: Better Health for Individuals Outcomes P1, P2, P3, P4, P5, P6, P15, P16										
3	Option 1: First Aid Outcomes P6, P12, P15, P16			Option 3: Fitness Choices Outcomes P5, P6, P10, P15, P16, P17			Revision		Yearly Exam		

Unit Assessment

Task	Date
The Body in Motion	Term 1, Week 10
Better Health for Individuals	Term 2, Week 10
Yearly Exam	Term 3, Week 9/10

Class: _____

Teacher: _____



Ambarvale High School

PDHPE Scope and Sequence

Stage 6 – 2024

Year 11 PDHPE

Week											
	1	2	3	4	5	6	7	8	9	10	
Term											
1	Core 2: The Body in Motion Outcomes P7, P8, P9, P10, P11, P16, P17										
2	Core 1: Better Health for Individuals Outcomes P1, P2, P3, P4, P5, P6, P15, P16										
3	Option 1: First Aid Outcomes P6, P12, P15, P16			Option 3: Fitness Choices Outcomes P5, P6, P10, P15, P16, P17			Revision		Yearly Exam		

Unit Assessment

Task	Date
The Body in Motion	Term 1, Week 10
Better Health for Individuals	Term 2, Week 10
Yearly Exam	Term 3, Week 9/10

Class: _____

Teacher: _____