



Ambarvale High School PDHPE Faculty Programs Stage 6 – 2024

Year 11 SLR

Week Term	1	2	3	4	5	6	7	8	9	10	11
1		Outdoor Recreation 1.1, 1.3, 1.4, 2.3, 3.6, 4.1, 4.2, 4.4					Games and Sports Applications II Racquet Sports 1.1, 1.3, 3.1, 4.4				
2	Games and Sports Applications I Stick Sports Lacrosse and Hockey 1.1, 1.3, 3.1, 4.4				Resistance Training or Healthy Lifestyles (Teacher Option)						
3	Sports Coaching and Training 1.1, 1.3, 2.1, 2.2, 3.1, 3.2, 4.2, 4.5							Exams			

ASSESSMENT		
Task	Weighting	Date
Outdoor Recreation	30%	Term 1 Week 6
Games & Sports Applications I - Stick Sports	30%	Term 2 Week 4
Sports Coaching and Training	40%	Term 3 Week 7

*Appropriate Resources for each Unit are outlined in Teaching and Learning Programs

Class: _____

Teacher: _____



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