



# Ambarvale High School PDHPE Faculty Programs Stage 6 2023 - 2024

## Year 12 Sport, Lifestyle and Recreation

| Week     |  |   |   |   |   |   |   |   |   |    |
|----------|--|---|---|---|---|---|---|---|---|----|
| Term     | 1  | 2 | 3 | 4 | 5   | 6 | 7 | 8   | 9 | 10 |
| <b>4</b> | <b>Sports Administration</b><br>1.1, 1.3, 1.6, 2.4, 3.2, 4.2, 4.5                      |   |   |   |   |   |   | <b>Fitness</b><br>1.2 1.3 2.2 3.2 3.3 4.1 |   |    |
| <b>1</b> | <b>Fitness</b><br>1.2 1.3 2.2 3.2 3.3 4.1  |   |   |   | <b>Games and Sports Application 2</b><br><b>Game sense</b><br>1.2, 1.3, 2.1, 3.1, 3.2, 4.1, 4.4 |   |   |   |   |    |
| <b>2</b> | <b>First Aid and Sports Injuries</b><br>1.3, 2.5, 3.6, 4.2, 4.4, 4.5                   |   |   |   | <b>Games and Sports Applications 2 – Hybrid Games</b><br>1.2, 1.3, 2.1, 3.1, 3.2, 4.1, 4.4      |   |   | <b>Trial Exams</b>                        |   |    |
| <b>3</b> | <b>Individual Games and Sports Applications 2</b><br>1.1, 1.3, 2.1, 3.1, 3.2, 4.1, 4.4 |   |   |   |   |   |   |   |   |    |

### Unit Assessment

| Task                                     | Due             | Weighting |
|--|-----------------|-----------|
| Fitness                                  | Term 1 Week 5   | 25%       |
| Game Sense                               | Term 1, Week 10 | 25%       |
| First Aid                                | Term 2 Week 5   | 25%       |
| Individual Games and Sports Applications | Term 3 Week 6   | 25%       |

\*Appropriate Resources for each Unit are outlined in Teaching and Learning Programs

Class: \_\_\_\_\_

Teacher: \_\_\_\_\_