



Ambarvale High School

PDHPE Scope and Sequence

Stage 4 | 2024

Year 7 PDHPE

Week	1	2	3	4	5	6	7	8	9	10
Term										
1	Relationships, the Self and Communication <small>PD4-1, PD4-3, PD4-9, PD4-10, PD4-4, PD4-5</small>						Fundamental Movement Skills <small>PD4-4, PD4-11</small>			
2	FMS (cont...)	Athletics <small>PD4-4, PD4-5, PD4-10, PD4-11</small>			Online Safety and Critical Literacy <small>PD4-1, PD4-9, PD4-10, PD4-7</small>					
3	Invasion Games <small>PD4-4, PD4-5, PD4-10, PD4-11</small>			Puberty <small>PD4-1, PD4-9, PD4-10</small>						
4	Target Games <small>PD4-4, PD4-5, PD4-10, PD4-11</small>		Risk Taking <small>PD4-1, PD4-9, PD4-10, PD4-2, PD4-6</small>				Net/Court Games <small>PD4-4, PD4-5, PD4-10, PD4-11</small>			

Unit Assessments	
Topic	Date Due
Online Safety and Critical Literacy	Term 2, Week 9

Teacher: _____

Class: _____



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