



# Ambarvale High School

## PDHPE Scope and Sequence

### Stage 4 2024

## Year 8 PDHPE

Week	1	2	3	4	5	6	7	8	9	10
Term										
<b>1</b>	<b>Health Matters</b> 4.2, 4.6, 4.7, 4.8, 4.9, 4.10					<b>Invasion Games</b> 4.4, 4.5, 4.8, 4.11				
<b>2</b>	<b>Exploring Movement</b> 4.4, 4.5, 4.10, 4.11					<b>Sex, Drugs and Alcohol</b> 4.1, 4.2, 4.3, 4.9, 4.10				
<b>3</b>	<b>Inclusivity</b> 4.1, 4.2, 4.3, 4.9, 4.10					<b>Fitness</b> 4.8				
<b>4</b>	<b>Fitness</b> 4.8		<b>Mental Health</b> 4.1, 4.2, 4.6, 4.7, 4.8, 4.9, 4.10				<b>Multicultural &amp; Indigenous Games</b> 4.4, 4.5, 4.10, 4.11			

Unit Assessment	
Task	Date
Fitness	Term 4, Week 2

Teacher: \_\_\_\_\_

Class: \_\_\_\_\_



# Ambarvale High School

## PDHPE Scope and Sequence

### Stage 4 2024

## Year 8 PDHPE

Week	1	2	3	4	5	6	7	8	9	10
Term										
<b>1</b>	<b>Health Matters</b> 4.2, 4.6, 4.7, 4.8, 4.9, 4.10					<b>Invasion Games</b> 4.4, 4.5, 4.8, 4.11				
<b>2</b>	<b>Exploring Movement</b> 4.4, 4.5, 4.10, 4.11					<b>Sex, Drugs and Alcohol</b> 4.1, 4.2, 4.3, 4.9, 4.10				
<b>3</b>	<b>Inclusivity</b> 4.1, 4.2, 4.3, 4.9, 4.10					<b>Fitness</b> 4.8				
<b>4</b>	<b>Fitness</b> 4.8		<b>Mental Health</b> 4.1, 4.2, 4.6, 4.7, 4.8, 4.9, 4.10			<b>Multicultural &amp; Indigenous Games</b> 4.4, 4.5, 4.10, 4.11		<b>Striking and Fielding</b> 4.4, 4.5, 4.11		

Unit Assessment	
Task	Date
Fitness	Term 4, Week 2

Teacher: \_\_\_\_\_

Class: \_\_\_\_\_