



Ambarvale High School

PDHPE Scope and Sequence

Stage 5 – 2024

Year 9 PASS

Week												
	1	2	3	4	5	6	7	8	9	10	11	
Term												
1		The Body in Action 5-1, 5-2					Football Codes 5-5, 5-7, 5-8, 5-9					
2	Fit and Healthy 5-1, 5-2, 5-6, 5-7, 5-8, 5-10					Ultimate Frisbee 5-5, 5.7, 5-8, 5-9						
3	Technology in Sport 5-6, 5-10				Court Sports 5-5, 5-7, 5-8, 5-9							
4	Lifestyle, Leisure and Recreation 5-4, 5-5, 5-7, 5-9, 5-10				Modified Sports 5-5, 5-7, 5-8, 5-9							

Unit Assessment

Task	Due Date
The Body in Action Examination	Term 1, Week 7
Court Sports	Term 3, Week 10

Teacher: _____

Class: _____



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