



Ambarvale High School

PDHPE Scope and Sequence

Stage 6 – 2025

Year 11 Health and Movement Science

Week												
Term	1	2	3	4	5	6	7	8	9	10	11	
1	Health for Individuals and Communities (HIC)											
		KIQ1	KIQ2		KIQ3		KIQ4			Depth Study		
2	HIC	The Body and Mind in Motion					Collaborative Investigation					
	Depth Study	KIQ1		KIQ2								
3	Collab. Invest.		The Body and Mind in Motion					Revision	Exams			
			KIQ3	KIQ4	Depth Study							

Unit Assessment

Task	Date
Health for Individuals and Communities	Term 1, Week 10
Collaborative Investigation	Term 3, Week 2
Yearly Exam	Term 3, Week 9/10

Class: _____

Teacher: _____