



# Ambarvale High School PDHPE Faculty Programs Stage 6 – 2025

## Year 11 SLR

Week Term	1	2	3	4	5	6	7	8	9	10	11
<b>1</b>		<b>Outdoor Recreation</b> 1.1, 1.3, 1.4, 2.3, 3.6, 4.1, 4.2, 4.4					<b>Games and Sports Applications II Racquet Sports</b> 1.1, 1.3, 3.1, 4.4				
<b>2</b>	<b>Games and Sports Applications I Stick Sports</b> Lacrosse and Hockey 1.1, 1.3, 3.1, 4.4				<b>Resistance Training or Healthy Lifestyles (Teacher Option)</b>						
<b>3</b>	<b>Sports Coaching and Training</b> 1.1, 1.3, 2.1, 2.2, 3.1, 3.2, 4.2, 4.5							<b>Exams</b>			

<b>ASSESSMENT</b>		
<b>Task</b>	<b>Weighting</b>	<b>Date</b>
Outdoor Recreation	30%	Term 1 Week 6
Games & Sports Applications I - Stick Sports	30%	Term 2 Week 4
Sports Coaching and Training	40%	Term 3 Week 7

\*Appropriate Resources for each Unit are outlined in Teaching and Learning Programs

Class: \_\_\_\_\_

Teacher: \_\_\_\_\_