

Ambarvale High School PDHPE Faculty Programs Stage 6 2024 - 2025

Year 12 Sport, Lifestyle and Recreation

Week Term	1	2	3	4	5	6	7	8	9	10
4		1	-	Admini 1.6, 2.4, 3		Fitness 1.2, 1.3, 2.2, 3.2, 3.3, 4.1				
1	Fitness 1.2, 1.3, 2.2, 3.2, 3.3, 4.1					Games and Sports Application 2 Game sense 1.2, 1.3, 2.1, 3.1, 3.2, 4.1, 4.4				
2	First Aid and Sports Injuries 1.3, 2.5, 3.6, 4.2, 4.4, 4.5					Games and Sports Applications 2 – Hybrid Games 1.2, 1.3, 2.1, 3.1, 3.2, 4.1, 4.4		Trial Exams		
3	Individual Games and Sports Applications 2 1.1, 1.3, 2.1, 3.1, 3.2, 4.1, 4.4									

Unit Assessment

Task	Due	Weighting		
Fitness	Term 1 Week 5	25%		
Game Sense	Term 1, Week 10	25%		
First Aid	Term 2 Week 5	25%		
Individual Games and Sports	Term 3 Week 5	25%		
Applications				

^{*}Appropriate Resources for each Unit are outlined in Teaching and Learning Programs

Class:	Teacher:
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