



Ambarvale High School

PDHPE Scope and Sequence

Stage 5 – 2025

Year 9 PASS

| Week | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | |
|----------|--|---|---|---|---|---|---|---|---|----|----|--|
| Term | | | | | | | | | | | | |
| 1 | | Fit and Healthy 5-1, 5-2, 5-6, 5-7, 5-8, 5-10 | | | | | Football Codes 5-5, 5-7, 5-8, 5-9 | | | | | |
| 2 | The Body in Action 5-1, 5-2 | | | | | Ultimate Frisbee 5-5, 5-7, 5-8, 5-9 | | | | | | |
| 3 | Technology in Sport 5-6, 5-10 | | | | | Court Sports 5-5, 5-7, 5-8, 5-9 | | | | | | |
| 4 | Lifestyle, Leisure and Recreation 5-4, 5-5, 5-7, 5-9, 5-10 | | | | | Modified Sports 5-5, 5-7, 5-8, 5-9 | | | | | | |

Unit Assessment

| Task | Due Date |
|--------------------------------|-----------------|
| The Body in Action Examination | Term 1, Week 7 |
| Court Sports | Term 3, Week 10 |

Teacher: _____

Class: _____