



Ambarvale High School

PDHPE Scope and Sequence

Stage 5 – 2024

Week Term	1	2	3	4	5	6	7	8	9	10	11
1		Self and Relationships <small>PD5-1, PD5-2, PD5-3, PD5-6, PD5-7, PD5-9</small>				Dance <small>PD5-4, PD5-5, PD5-10, PD5-11</small>					
2	Diversity <small>PD5-3, PD5-10</small>			Multicultural/ Indigenous Games <small>PD5-4, PD5-5, PD5-10, PD5-11</small>			Healthy Lifestyles <small>PD5-2, PD5-6, PD5-7, PD5-8, PD5-9, PD5-4, PD5-5, PD5-10, PD5-11</small>				
3	Healthy Lifestyles <small>PD5-2, PD5-6, PD5-7, PD5-8, PD5-9, PD5-4, PD5-5, PD5-10, PD5-11</small>					Net/Court Games <small>PD5-4, PD5-5, PD5-10, PD5-11</small>					
4	Partying <small>PD5-1, PD5-2, PD5-9</small>					Invasion Games <small>PD5-4, PD5-5, PD5-10, PD5-11</small>					

Unit Assessments	
Topic	Date Due
Self and Relationships	Term 1 Week 6
Healthy Lifestyles	Term 3 Week 5

Teacher: _____

Class: _____

