

# YEAR 7 CAMP

Camp is an exciting time where students build friendships and social skills in a relaxed environment

**GAMES  
AND  
ACTIVITIES**

**TEAM  
CHALLENGES**

Students will work with mentors and be involved in many FUN activities and games that will challenge them and form new long-lasting memories

**NEW  
MEMORIES**

**CAMP FIRE**

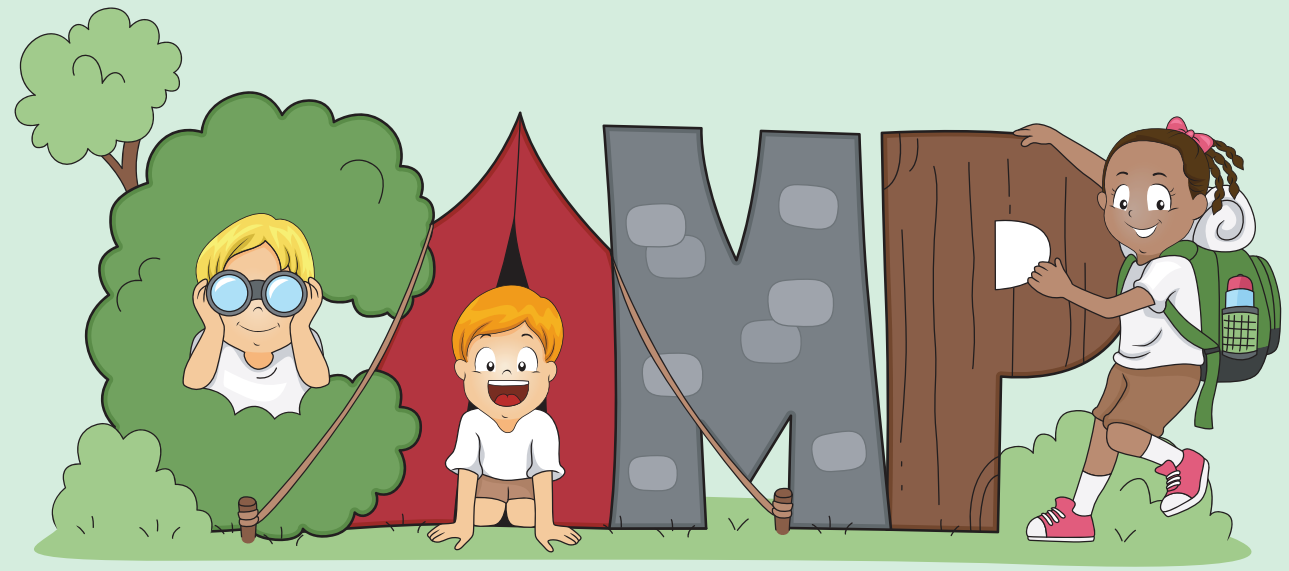
**NEW  
FRIENDS**

This is an unforgettable experience not to be missed!

**PRIZES**



# Year 7



## Important information

### **What if my child takes prescribed medication?**

Make sure you fill out the medical information section of the permission note and indicate the medication and dosage procedures. All medication needs to be labeled in a clear ziplock bag. This **MUST** be given to the teacher in charge on the day of the camp.

### **What if my child needs medication overnight?**

Your child can bring medication they may need to take (e.g. panadol). Any medication that needs to be taken on camp **MUST** be given to the teacher in charge with original packaging, correct dosage, and expiry date indicated.

### **What if my child has special dietary requirements?**

Make sure you fill out the dietary requirements section of the permission note and indicate the food products that your child cannot have.

### **What type of activities will my child be involved in?**

So many things! Raft building, bush walking, vertical challenge, giant swings, initiative games and so much more!

### **What if my child is not following the TRREC values on camp?**

Your child will receive warnings. If they refuse to follow instructions and act inappropriately you or your emergency contact listed in the permission note may be called to collect your child.

### **What will the phone policy be while on camp?**

Students will not be allowed to bring their mobiles or other technology devices to camp. It is suggested not to bring anything of value.

### **What if my child has additional needs during an overnight stay?**

At the bottom of the permission note, write down any information you feel is necessary for Miss Nunes to know before the overnight camp.



# Ambarvale High School

Thomas Rose Drive Rosemeadow NSW 2560  
PO Box 90 Campbelltown NSW 2560  
Phone: (02) 4627 1800 Fax: (02) 4628 5289  
Email: ambarvale-h.school@det.nsw.edu.au

Principal: Ms L Barnott-Clement, M.A., M.Ed., B.A., Dip.Ed.  
Deputy Principal: Ms S Arts, M.Ed., B.Sci., Dip.Ed.  
Deputy Principal: Ms E Fitzgerald, B. Health Science, Dip.Ed.

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**Educational Excursion Information and Consent**  
**Year 7 Transition Camp 2021**  
**Thursday, 2 December – Friday, 3 December 2021**

Dear Parent

As part of Year 7's transition to high school, your child has been invited to attend Year 7 Transition Camp at Camp Wombaroo in Term 4, Week 9 from Thursday, 2 December to Friday, 3 December 2021.

This camp has been planned to celebrate a successful transition into Year 7 and High School. The students who attend camp have the benefit to develop friendships in a relaxed and social environment with their peers and teachers. They will be involved in a variety of games and activities that will help them to develop self-awareness.

**When:** Thursday, 2 December - Friday, 3 December 2021.

**Where:** Camp Wombaroo, 162 Black Spring Road, High Range NSW 2575

**Itinerary and transport:** The camp is a distance from the school and parents will need to drop students to school no later than 8:20am on Thursday, 2 December. Buses will transport students both to and from the camp. Students will need to be collected from school on Friday, 3 December 2021 at 3:20pm.

**Cost:** \$140.00. The total cost of the camp is \$140.00 per student. To secure your place, a non-refundable deposit of \$40.00 must be paid by Friday, 21 May 2021. The school has subsidised a portion of the cost of the camp for all students. Please note, due to camp site restrictions, there are limited spaces and the first **145 students** to return their permission note and deposit will be accepted. All outstanding money will need to be paid online via the school website ([www.ambarvale-h.school@det.nsw.edu.au](http://www.ambarvale-h.school@det.nsw.edu.au)) or to the office by **Friday, 29 October 2021**. Please take your receipts for all payments and permission note to your Year Adviser, Miss Nunes in the Science Staffroom.

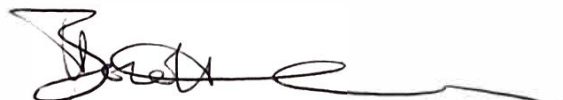
**What to bring:** A list of camp requirements has also been provided to students with this letter.


Supervising Teacher/s:	Emergency Care	First Aid Certificate
Teacher in Charge: Mrs L Parkin	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Year 7 Adviser: Miss R Nunes	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Please note that the remaining teachers attending the camp will be notified closer to the date of the camp.

**Emergency Contact Number:** 4627 1800 Ambarvale High School or Camp Wombaroo 1800 888 900, 162 Black Spring Road, High Range NSW 2575

*Please complete and sign the permission note attached and provide relevant medical information.*

  
Ms L Barnott-Clement  
Principal  
20 April 2021

  
Mrs L Parkin  
Head Teacher Wellbeing



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**Educational Excursion Information and Consent  
Year 7 Transition Camp 2021**

I give permission for my child \_\_\_\_\_ to attend the Year 7 Transition Camp at Camp Wombaroo in Term 4 Week 9 from Thursday, 2 December to Friday, 3 December 2021. The cost of the excursion is \$140.00 and needs to be paid by Friday, 29 October 2021. A deposit of \$40.00 needs to be made by Friday, 21 May to secure a place. My child must wear appropriate casual clothing and covered shoes.

**This note must be returned to the Year 7 Adviser, Miss Nunes by Friday, 21 May 2021.**

**Overnight Accommodation Advice:**

Accommodation will be at Camp Wombaroo. The group will be supervised by their accompanying teachers and Camp Wombaroo staff. Ambarvale High School staff have Anaphylaxis and Emergency Care Training.

I understand that I will be contacted to collect my child if he/she acts inappropriately or is unable to follow instructions. I may be contacted on the following numbers at the time of the camp:

Home: \_\_\_\_\_ Mobile: \_\_\_\_\_

Should I be unavailable the following person has my permission to be contacted regarding my child.

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

**Overnight Accommodation - Response**

I understand that my child \_\_\_\_\_ will stay for one night at Camp Wombaroo.

Additional information about my child during overnight accommodation:

Night light  Sleep walks  Wets the bed  Needs a comforter (teddy bear)  Separation anxiety

Other: \_\_\_\_\_

**Parent Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Water or Swimming Activities - Advice**

The excursion will involve the water and/or swimming activities

**Water or Swimming Activities - Response**

I give / do not give permission for my child \_\_\_\_\_ to participate in the water or swimming activities.

In relation to the proposed water or swimming activities, I advise that my child is a: (*please tick one*)

Strong Swimmer  Average Swimmer  Poor Swimmer  Non Swimmer

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_



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**MEDICAL INFORMATION**

Medical Conditions: \_\_\_\_\_

Allergies: \_\_\_\_\_

Diet Requirements: \_\_\_\_\_

Medication: \_\_\_\_\_

Other: \_\_\_\_\_

Medicare Number (optional): \_\_\_\_\_

**Parent and Emergency Contacts:**

	Name	Contact Number	Relationship to Student
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_



## Year 7 Camp – Packing Checklist

<b>Clothing</b>		
2 x t-shirts	Full length, no cropped shirts	<input type="checkbox"/>
1 x warm jumper	Polar fleece preferred (stays warm if wet)	<input type="checkbox"/>
2x shorts		<input type="checkbox"/>
1x long pants		<input type="checkbox"/>
Underwear	1 per day, plus one spare	<input type="checkbox"/>
Socks	1 per day, plus one spare	<input type="checkbox"/>
Pyjamas	1 set	<input type="checkbox"/>
Hat		<input type="checkbox"/>
Sturdy enclosed shoes	For walking, climbing, running, and hiking	<input type="checkbox"/>
Shoes (spare)	For wet and muddy activities	<input type="checkbox"/>
<b>Bedding/Personal</b>		
Pillow	With pillow case	<input type="checkbox"/>
Sleeping bag		<input type="checkbox"/>
Fitted sheet		<input type="checkbox"/>
2 x towel	Shower + water activities	<input type="checkbox"/>
Toiletries	Toothbrush, toothpaste, soap, roll-on deodorant, feminine products	<input type="checkbox"/>
<b>Other items</b>		
Reusable water bottle	1L minimum	<input type="checkbox"/>
Sunscreen	30+ SPF	<input type="checkbox"/>
Torch	Small torch for night activities	<input type="checkbox"/>
Hair ties		<input type="checkbox"/>
Insect repellent	Non-aerosol, pump spray only	<input type="checkbox"/>
Personal Medication	If required – enough for two days	<input type="checkbox"/>
Sunglasses	Optional	<input type="checkbox"/>