

Stay Safe

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A m b a r v a l e H S



WASH HANDS

Clean your hands with soap and water or use hand sanitiser



COVER A COUGH OR SNEEZE

Cough or sneeze into your elbow or tissue – avoid using your hands



SOCIAL DISTANCING

Respect other peoples personal space and stay 1.5m apart, considering the health needs of your teachers and peers. Avoid high fives, handshakes or hugs. Spread out in the playground and when lining up outside a classroom



STAY AT HOME

Stay at home if you don't feel well



COME PREPARED

Bring your own personal drink bottle to avoid touching high touch areas around the school