

CANTEEN MENU

BREAKFAST

BACON ROLL	\$4.00
EGG ROLL	\$4.00
BACON & EGG ROLL OR WRAP	\$4.50
BREAKFAST MEAL DEAL EGG & BACON ROLL OR WRAP & A SMALL FLAVOURED MILK	\$6.50
TOASTED BANANA BREAD & A SMALL FLAVOURED MILK	\$6.00

TOASTED SANDWICH

CHEESE	\$3.50
HAM & CHEESE	\$4.00
HAM, CHEESE & TOMATO	\$4.50

COLD FOOD

FRESH FRUIT SALAD	\$4.50
YOGHURT & BERRIES	\$4.50
YOGHURT & MUESLI	\$4.50
FRUIT FRUIT AVAILABLE DAILY	\$1.00

SANDWICH BAR

CHICKEN LETTUCE & MAYONNAISE	\$4.50
CHEESE & TOMATO CHEESE & TOMATO	\$4.00
SMOKED HAM HAM, CHEESE & TOMATO	\$4.50
CHICKEN SCHNITZEL HOMMUS & TABOULI	\$4.50
SALAD LETTUCE, TOMATO, CUCUMBER BEETROOT, ONION & CARROT	\$4.50
EGG EGG, MAYO & LETTUCE	\$4.00
FALAFEL LETTUCE, TOMATO, CUCUMBER & HOMMUS	\$4.50
TUNA TUNA, MAYO, CUCUMBER & SPANISH ONION	\$4.50
VEGETARIAN GRILLED EGGPLANT, LETTUCE, SUNDRIED TOMATO & ROAST CAPSICUM	\$4.50
BREADS WHITE, WHOLEMEAL, MULTI-GRAIN WRAP OR ROLL	EXTRA \$1.00

OUR FOOD IS FRESHLY MADE
ON THE PREMISES

PASTA *All Made Fresh Daily*

LASAGNA HOME MADE BEEF HOME MADE VEGETARIAN	\$6.00
PENNE VEGETARIAN CHAR GRILLED VEGETABLES & SALSA	\$6.00
PENNE BOSCAIOLA HAM, MUSHROOM & CREAM SAUCE	\$6.00
SPAGHETTI BOLOGNESE	\$6.00

PIZZA

MARGARITA CHEESE & TOMATO	\$4.50
VEGETARIAN OLIVES, EGGPLANT & ROAST CAPSICUM	\$5.00
HAWAIIAN HAM & PINEAPPLE	\$5.00
BBQ CHICKEN BBQ CHICKEN WITH ONION & CHEESE	\$5.50



TURKISH BREAD

CHICKEN SCHNITZEL DELIGHT CHICKEN SCHNITZEL, PESTO, ROAST CAPSICUM & CHEESE	\$5.50
CHICKEN DELIGHT ROAST CHICKEN, PESTO SUNDRIED TOMATOES & CHEESE	\$5.50
MEDITERRANEAN DELIGHT OLIVES, ARTICHOKE, ROAST CAPSICUM & FETTA	\$5.50
VEGETARIAN DELIGHT EGGPLANT, SUNDRIED TOMATOES ROAST CAPSICUM & CHEESE	\$5.50
HAM DELIGHT SMOKED HAM, SUNDRIED TOMATOES & CHEESE	\$5.50



total canteen solutions

PLEASE BE ADVISED WE APPLY A SURCHARGE TO EFTPOS CARD TRANSACTIONS

CANTEEN MENU

WRAPS

SINGLE \$4.00 | DOUBLE \$6.00

SWEET CHILLI CHICKEN

CHICKEN, SALAD & CHEESE

CHICKEN CAESAR

CHICKEN, BACON, CHEESE & CAESAR DRESSING

FALAFEL

FALAFEL, HOMMUS, TABOULI, CUCUMBER & LETTUCE

CHICKEN SCHNITZEL

CHICKEN SCHNITZEL, TABOULI, HOMMUS
TOMATO & LETTUCE

SALADS

GREEK SALAD

TOMATO, CUCUMBER, ONION, CAPSICUM
OLIVES & FETTA

CHICKEN PASTA SALAD

ONION, MAYO, CHICKEN, CARROT, RED
PEPPER & PARSLEY

TUNA PASTA SALAD

TUNA, CAPSICUM, ONION, CARROT
PARSLEY & PASTA

PESTO PASTA SALAD

PESTO, OLIVES, SUNDRIED TOMATOES
& CARROT

POTATO SALAD

POTATO, PARSLEY, SPANISH ONION &
MAYO

CHICKEN CAESAR

CHICKEN SCHNITZEL, COS LETTUCE
CAESAR DRESSING, BACON & CROUTONS

TABOULI SALAD

PARSLEY, TOMATO, WHEAT GERM &
DRESSING

THAI NOODLE SALAD

GRILLED CHICKEN, VERMICELLI NOODLE
CUCUMBER, MINT, CORIANDER, CAPSICUM
& CARROT

EASTERN DELIGHT

TABOULI, HOMMUS, CHOICE OF
SCHNITZEL OR FALAFEL WITH CRUNCHY
PITA BREAD

HOT DISHES

SPECIAL FRIED RICE \$5.50

BUTTER CHICKEN
WITH RICE \$6.00

LEAN BEEF PIE \$4.50

LEAN SAUSAGE ROLL \$4.00

SPINACH & RICOTTA
ROLL \$4.50

OVEN BAKED WEDGES CUP \$4.50
TRAY \$5.50

BURGERS

GOURMET BURGER

FRESH BEEF, ONION, BBQ SAUCE,
BEETROOT, TOMATO & LETTUCE

\$5.50

CHICKEN CAESAR BURGER

GRILLED CHICKEN, CAESAR DRESSING
BACON & COS LETTUCE

\$5.50

CHEESE BURGER

FRESH BEEF PATTY, CHEESE, FRESH TOMATO
& TOMATO SAUCE

\$5.50

PERI PERI PORTUGUESE

BURGER

CHICKEN BREAST, PERI PERI SAUCE & LETTUCE

\$5.50

CHICKEN BURGER

FRESH CHICKEN PATTY, LETTUCE & MAYO

\$5.50

CHICKEN AIOLI BURGER

GRILLED CHICKEN, LETTUCE &
AIOLI

\$5.50

DRINKS

WATER

500ML WATER

\$2.50

JUICE 500ML

ORANGE, MANGO & PASSION FRUIT

\$4.80

FLAVOURED MILKS

300ML

CHOCOLATE, STRAWBERRY

\$2.50

500ML

CHOCOLATE, STRAWBERRY

\$4.50

ICE BREAK 500ML

\$4.80

FLAVOURED MILK SHAKES

CHOCOLATE, STRAWBERRY, VANILLA &
CAREMEL

\$4.80

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ON THE PREMISES



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